

DIABETES

SUPPORT GROUP SESSIONS

Connect with others who fight your battle.
Family and friends are welcome.



October 6

Diabetes Medications

Susan Jones, Promise Regional Pharmacist

Review commonly prescribed medications for best diabetes management.

November 3

Healthy Holiday Eating

Student Dietitian

Cut the sugar--Keep the cheer!

December 1

Recipes for Diabetes

Anne Kimmel, Certified Diabetes Educator

Bring your favorite recipe to share and learn about diabetes-friendly ingredients.

Disclaimer: Promise Regional Medical Center facilitates the Diabetes Support Group, but is not responsible for the information or opinions expressed by the speakers or participants. Promise Regional's Diabetes Support Group does not replace individualized diabetes care and treatment by a qualified health care professional. Participants should confer with their physician or other health care professional for individualized diabetes care and treatment plans.

Inspired Care.™

All sessions begin at 7:00 p.m. in the lower level conference rooms at Promise Regional.

For more information, visit www.promiseregional.com or contact Anne Kimmel, RN, MS, CDE at 620.665.2058.

